

SCRIPTURE UNION UGANDA

Scripture Union Uganda is part of the global Scripture Union Family and has been leading the spiritual nurture of Uganda's children, youth and families for over 50 years.

Our Mission statement: Scripture Union Uganda is a Christian Organization that nurtures children and youth holistically, helping people engage with God through the Bible so that they may follow Jesus Christ and be instrumental in transforming Africa.

Our Vision: Children and youth, following Jesus, filled with hope and transforming the families and nations of Africa

Our Aims: Working with churches, Scripture Union aims to:

- a) Make God's Good News known to children, young people, and families and to;
- b) Encourage people of all ages to meet God daily through the Bible and prayer.

Our Core programs: Evangelism, Discipleship and Life Skills

Activities that accomplish these ministries include:

- Establishing discipleship/spiritual nurture clubs in both primary and Secondary school
- School visits/outreaches for evangelism and counseling
- One-day rallies, weekend and residential camps and conferences
- Life skills/HIV awareness program
- Values classes taught by volunteers in schools
- Christian film shows in schools
- Training Christian teachers, students leaders, Christians and volunteer values teachers
- Producing devotional materials for all ages
- Developing Christian literature and values curriculum

TABLE OF CONTENTS.

Procedure for Group Bible Study.....3

2.Section 1- Growing in Christ Christian virtues and living.....5

God the Father.....6

The Word.....7

Prayer.....8

Giving with Joy.....9

Forgiveness.....10

Temptation.....11

David's cry for Restoration.....12

Holiness.....14

The Armor of God.....5

3. Section 2- The Christian life every day topics.....17

Self esteem.....18

Modesty.....19

Peer pressure.....20

Sexual Purity.....21

Gambling.....23

Living with disabilities.....24

Decision Making.....25

Health relationships.....26

PROCEDURE FOR GROUP BIBLE STUDIES

1. PREPARATION

- a. Sufficient number of study guides(1 copy per leader)
- b. Leaders meet together to prepare ahead of time
- c. Each leader goes through again in spare time
- d. Each member reads through important passages in advance
- e. Divide members into groups of about 10

2. THE STUDY

- a. Assemble punctually
- b. Start with prayer and if possible sing a few choruses but be mindful not to disrupt others
- c. Don't preach or teach, lead the B/S with questions
- d. Encourage all to participate
- e. Restrain in love those that talk a lot
- f. Allow relevant questions but defer those that will only waste time
- g. Finish on time at least 5 minutes before any school program resumes
- h. Anyone can lead when trained hence we don't need to be experts to lead.
- i. Balance the study between the two sections of this booklet i.e alternate between sections

3. FOLLOW UP

- a. Leaders should take note of their group members and follow them up for individual prayer
- b. Drive the lesson home in actions
- c. Contact those that were absent and encourage them to attend the next time

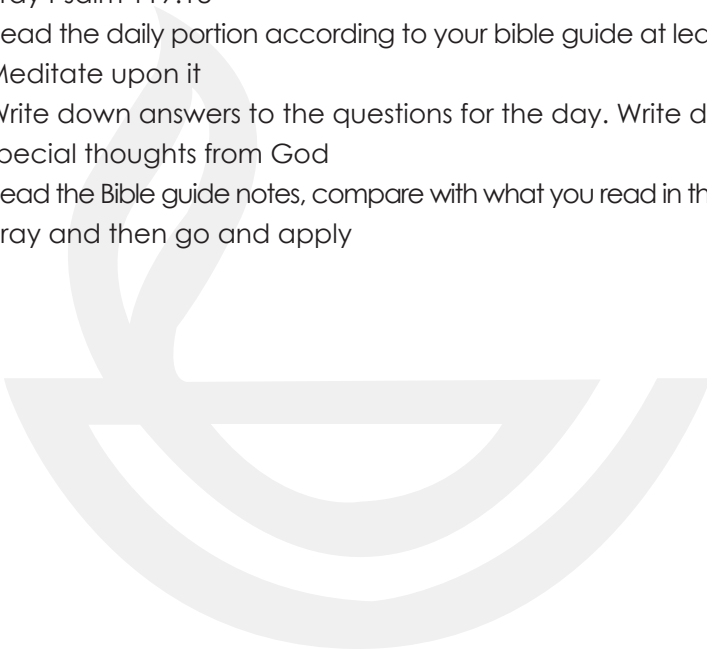
4. YOUR QUIET TIME

- a. Personal/individual time set aside each day for Bible reading

S.U Bible Study Guide

and prayer. Allow God to speak to you through His word and you speak to Him through prayer.

- b. Get a convenient time e.g. early in the morning especially when not sleepy
- c. Set your attitude i.e. mind to commune with God
- d. You need; a Bible, Note book, Daily Guide/ Dailypower(Bible reading guide) and pen
- e. Pray Psalm 119:18
- f. Read the daily portion according to your bible guide at least twice
- g. Meditate upon it
- h. Write down answers to the questions for the day. Write down any special thoughts from God
- i. Read the Bible guide notes, compare with what you read in the guide
- j. Pray and then go and apply





Growing in Christ

Christian Virtues and Living



GOD THE FATHER

INTRODUCTION:The image of a father has been distorted here on earth by some unloving fathers. When some young people hear about a father, they think of one who sees their faults alone and never appreciates them. Today we want to see the true image of our heavenly father who has always been mis-represented.

OBJECTIVES:

- 1.To help participants acknowledge God as their father
- 2.To help participants learn the character of God

Text: Luke 15:11-24

- 1.Who are the characters in the passage?
- 2.What did the young son do according to verse 13? Share with the group.
- 3.According to verse 14-15, what lessons do you learn from the young son?
- 4.Have you ever regretted after making a wrong choice? Share.
- 5.What did the young son do after realizing his mistake? See Vs. 17-20.
- 6.Explain the father's reaction, according to Vs. 20-24.
- 7.How often do we repent in relation to Vs. 21?
- 8.What does this passage teach us about God the father?

Memory Verse: "How great is the love the Father has lavished on us that we should be called children of God!" (1 John 3:1)

THE WORD



BACKGROUND: This term had a special meaning to both Greeks and Jews. Plato and other Greek philosophers used word (logo) to mean the divine mind. To Jews, word refers to God's active and personal involvement in the world. The creation is one example, when God spoke the word and the earth came into existence. God's word is alive.

INTRODUCTION

Whether we are in the midst of sin, relational difficulties or a major life transition, the word of God is one resource God has given us for guidance.

Ice Breaker

What are the hardest decisions you have ever had to make? What process did you go through to make that decision?

Psalms 119 is an extended reflection on God's Law and commandments and the teachings in His word. It is a source of inspiration to us to spend time studying Scripture.

Read Psalm 119:97-108.

1. What different words and phrases are used to describe God's Word?
2. Which of these do you identify with from your experience of studying Scripture?
3. How has studying God's Word benefited the writer of this psalm?
4. Notice verse 98. You may or may not feel that you have "enemies", but how does God's Word make you better able to face those who stand against God?
5. What do you think the writer is trying to communicate through the comparisons of his understanding to that of his teachers and of the elders (vv.99-100)?

6. How has God's word shaped and formed you?
7. Verse 103 describes God's Word as having a sweet taste. What does this mean to you?
8. How does Scripture light our pathways? Give an example of a situation in which you have experienced this.
9. How does God's word give us life in the midst of our suffering (v.107)?
10. The Author responds to these reflections on Scripture by offering God his praise. How do you feel about God after studying this passage?



PRAYER (DEPENDING ON GOD).

At one time or another, most of us have said, I am too busy to pray if the work of God or the work that we want to do for God depended on our energy and insight, then it might be true. But of course, at least theoretically, we believe that God's work can only be done through his power (Ps 127:1, "Unless the LORD builds the house, its builders labour in vain"). Yet we don't think our biggest job is to pray. We learn as we go before the Lord in prayer to gain his perspective and to gain confidence. Maybe that would make a big difference in what we try to accomplish for the Lord! In this study Nehemiah models dependency on the Lord for his strength.

1. How do you respond when you hear bad news about people you know and care for?
2. **Read Nehemiah 1:1-11.** In verse 1-3 what event is being discussed?
3. What four things does Nehemiah do when he hears Hanani's report?
4. List the specific concerns that Nehemiah mentions in his prayer (Vs. 5-11)
5. How do you see the various elements of prayer being used here?

(Consider the four parts of prayer: adoration, confession, thanksgiving and supplication.)

6. Are you using these forms of prayer in your life? Why or why not?
7. What evidence do you find here that Nehemiah believed God heard his prayer and would answer it?
8. Nehemiah got more confidence as he prayed and fasted. How does it prepare him to get more involved? How does this compare with what you have experienced in prayer?
9. What do you learn about Nehemiah's character from his reaction and prayer?
10. As you think about your ministry or fellowship group, are there any reports you are hearing that you need to petition God for?
11. What will you do to take a risk and become part of the answer for that prayer?



GIVING WITH JOY

INTRODUCTION:The President of Uruguay Jose Mujica has been dubbed by international media as 'the poorest president in the world'. In his latest official declaration of wealth, he says he owns just two vehicles, a small amount of property and his farmhouse. He donates 90% of his salary to charity. Can this inspire you to be selfless?

Objective:

To help participants know that giving to the Lord and others should be done cheerfully, for God loves a cheerful giver.

Text: 1 Chronicles 29:1-9,

1. What is your reaction when you are told that it is time to give?
2. Read 1 Chronicles 29:1-9: Who are mentioned and what are they

talking about in Vs. 1?

3.How does King David prepare for the house of God? List all the items/things in Vs. 2 he prepared for the house of God.

4.Share how you prepare for the house of God and what kind of items/things you usually carry and why.

5.According to Vs. 2 & 3 King David uses the phrase “House of MY God” instead of House of God. What difference does it make and what does it tell you about his relationship with God?

6.How much did King David give? (Vs. 3-5) How does his giving challenge you?

7.How did David challenge the people according to Vs. 5 and what was their response? Why do you think they gave? Is there any person who challenges you at giving, why? Share,

8.According to Vs. 9, what was the people's attitude towards giving and what did they do after giving?

9.Would you love someone to give to you willingly or grudgingly? Why?

10.Read 2 Corinthians 9:7. In what ways has this portion challenged your attitude towards giving and what are you going to do?

Memory Verse: 2 Corinthians 9:7

“Every man according as he purposes in his heart, so let him give; not grudgingly, or of necessity: for God loves a cheerful giver”.



FORGIVENESS

Introduction: There was a man in the ancient time who was accused of spreading lies. He loved the poor in his time but instead was criticized for having company with criminals. One day, a big accusation was made on him and he was put to courts of law. The judges denied him justice and sentenced him to death. He was beaten, blind folded and spat at. Later in the day, he was taken to be hanged and die. While he was still bleeding with fresh wounds, he turned to his enemies and said” I forgive

you because you do not know what you are doing" His name was Jesus. What would you do if you were the one?

OBJECTIVES:

1. To empower participants with the skill of forgiveness.
2. To help participants understand that forgiveness benefits both people in disagreement

Text: GENESIS 50:15-21

QUESTIONS

1. What do you understand by the word forgiveness?
2. Why were Joseph's brothers fearful?
3. How should you treat your enemies?
4. Describe Joseph's attitude toward his brother in verse 18-19?
5. What lessons do you learn from Joseph in this portion?
6. Imagine you were Joseph; describe the struggles you would experience?
7. Why should we forgive others? {According to Romans 12:17-19}.
8. Write down to two people you have wronged and two that have wronged and you, what are you going to do to the two categories?

Action point: As a group, take time to pray for the individuals written down on the paper, for those who have hurt/wronged you and pray that God will help those you have hurt to forgive you.

Memory Verse: Colossians 3:13 "For you died, and your life is hidden with Christ in God."



TEMPTATION

INTRODUCTION: Pascal went to a Form Four leavers' party and all his peers were drinking alcohol and had a girl to dance with; he had not come with any girl. Later in the night a waitress noticed him lonely and came to give him company. As they danced, the temptation to have sex with her

arose in him, while he struggled a phone call came in urgently wanting him home.

Share a time when you were tempted to have sex.

OBJECTIVES:

1. Temptation is normal but we should not allow to be overcome by it.
2. Participants should know that God will always help them when tempted.

Genesis 39

1. According to verses 1 and 4 who was Joseph?
b) What happened to Joseph and where was he placed; Verse 4
2. In verse 7, who looked lustfully at Joseph and what did they say?
3. How did Joseph respond to Potiphar's wife and why? Verses 8-9
4. In verse 12, Potiphar's wife grabbed Joseph to try to force him to have sex with her. What did Joseph do?
5. How are you going to keep yourselves pure? Read Psalm 119:9 & James 1:12-15
6. What are the likely consequences when we yield to sexual temptation?
7. What steps should you as an individual take to overcome sexual temptation?

Memory verse: Job 31:1

"I made a covenant with my eyes not to look lustfully at a girl".



DAVID'S CRY FOR RESTORATION

INTRODUCTION: In 2 Samuel 11 and 12:1-24, David commits a number of sins. The first is coveting another man's wife, committing adultery and shedding innocent blood. God is certainly displeased with David. He sends his servant Prophet Nathan to rebuke David, and David responds

by repenting of his sin and as such the Lord restores him.

The text reading is David's prayer of confession, repentance and restoration.

OBJECTIVE:

By the end of this Bible Study, the participants shall be able to do the following:

1. Ask God for forgiveness when we sin
2. Live a restored life that pleases God

Text: Psalm 51:1-19

1. What is happening in Verse 1?

Why do you think David cries out to God?

2. (i) What do you observe about David's prayer in Verse 2-3?

(ii) Share the lessons you learn about the nature of man?

3. What are you going to do to avoid all manner of sin?

4. How is the nature of man described in verses 5-6?

5. What are those things that make us sin against God?

6. Read verses 10-12, What does David pray about in these verses?

7. What do you understand by the following:

i. A clean heart?

ii. A right spirit?

iii. Broken heart?

iv. The joy of salvation?

8. What do you need to do to be restored?

9. Is there any example for you to follow after reading to verse 13?

10. What practical examples from the passage are you going to apply?

Memory Verse: Psalm 51:10

“Create in me a clean heart, O God, And renew a steadfast spirit within me.”

HOLINESS

For many people, the word holiness invokes images of a self righteous person who is totally removed from the problems of the world. They perceive search a person as one who only talks about “spiritual things”, is serious and even boring in appearance. Yet the New Testament word “holy” (hagios) is used to describe God’s people in general and not a select few. It is the goal of the Christians’ life and is fundamental to our witness and service in the world. Robert Murray McCheyne rightly wrote “a holy man is an awesome weapon in the hand of God” In this light; we need to recapture the biblical call on holy living.

1. People often view pastors, priests, missionaries and “full time Christian workers” as more holy than other Christians. Why do you think this is so?

Read Ephesians 4:17-5:7

2. In verse 17-19 Paul describes how the gentiles live. How does he characterize their minds, hearts and practices?

3. In contrast to the non- Christians described in verses 17-19, how were the Ephesians taught to live as Christians (Vs.20-24)?

4. Putting off our old self and putting on the new is a way of describing what happens when we become Christians. How does this description help us to understand the nature of conversion?

5. If you are to become like God in true righteousness and holiness (v.24), why is it essential for you to “be made new in the attitude of your mind” In practical terms, what can we do to renew our minds?

6. Because of our new identity in Christ, what must be put away, and what things should take their place (replace them) vv.25-32

7. With each command in verses 25-32, explain the reason Paul calls us to live differently.

8. How can we imitate God and Christ in our relationships with others (5:1-2)?
9. Why is it "improper" and "out of place" for God's holy people to do things mentioned in verses 3-4? Which of these do you have the greatest difficulty avoiding? Explain?
10. What is Paul's warning about the person who claims to be a Christian but lives an immoral, impure or greedy life (vv.5-7)?
11. Looking back over this passage, what different areas of our life are to be affected by holiness?
12. What type of behavior do you most need to put off and put on? What steps can you take to change this area of your life?



THE ARMOR OF GOD

ICE BREAKER: The leader asks the members to move around and get three different things they could use to defend themselves in case they were attacked by a wild animal.

A lot of cultic tendencies and wrong teachings are taking root among some youths and SU groups so easily, because we are very vulnerable and exposed. The reason for this is that we have not equipped ourselves with the whole armor of God. Today, we will take a look at our armor as Christians with a special emphasis on the sword which is the WORD OF GOD. One of the things young people today don't take seriously yet it is key to our faith is the word. In fellowships, people can spend most of their time doing other things (which are not bad at all) but will not give priority to the most important thing (the word or the Bible) which is the source of power and our authority. We need to put this as a priority in our walk and let it be a discipline for us to feed on the word daily.

Questions

1. Name all the pieces of the Christian's armor mentioned in the passage.

S.U Bible Study Guide

Draw each part of the armor in your book.

2. Discuss (briefly) what each part of the dressing protects on the physical body?
3. What do you think is the significance of each part of the armor in our spiritual lives?
4. Why are we urged to put on the whole armor of God in this passage?
5. What piece of the armor is referred to as the sword of the Spirit?
6. Explain the various functions of a sword to a warrior? (defensive and offensive)
7. Why do you think the word of God is called the sword of the spirit?
8. What is the use of the word in the life of a Christian youth in:-
 - Faith building (Roman 10-17)
 - In prayer (1 John 5:14)
 - Fighting sin (Psalm 119:9,11)

Identify further uses of God's word in our lives? Read 2 Tim. 3:15-17 to answer

9. What things keep us away or hinder us from studying the word of God? Someone should then give a testimony on how they used the word of God and it worked for them.

Explain the importance and advantage of using **DAILY POWER DEVOTIONAL FOR** personal devotions. Memory Verse Psalm 119:11

The Christian Life's Every Day Topics

(Life Style)



SELF ESTEEM:

INTRODUCTION: Identify 2 people in your Bible Study group, outline at least three things you like about them and share with the group. It is so encouraging and uplifting to hear good things that people say about us. Today, we are going to look at self esteem.

OBJECTIVES:

By the end of the study, the students should be able to;

1. Appreciate and value who they are
2. Understand the factors that destroy or build their esteem.

Text: 1SAMUEL 17:12 – 51

1. Who are the characters mentioned in this passage from v12 – 51?
2. Who are Jesse's three sons and where were they? (Read Vs 13-19)
3. What was David doing when the father sent him and how did he respond to the father's call in v20-22?
4. In v23 – 24, what happened to the Israelites when the Philistine "champion – Goliath" emerged and why?
 - b) What challenges (Goliaths) are you facing that you need to overcome?
 - c) How did David respond to the challenge in v25-27?
5. Why do you think Eliab in v28 and Saul in v33 undermined David's abilities to challenge Goliath?
 - b) How do you respond to people who say words or do things that undermine what you can or want to do?
 - c) Share a moment in your life when you felt you could do something but because of your age, size, height or education etc., you were discouraged.
6. What lessons do you draw from David's response to Eliab his brother and Saul the King in v29 – 30 and v34 – 37 respectively?

7. What could have put David down in his quest to challenge Goliath?

b) What motivated David to do what he did in Vs 45 – 46?

8. How does this motivation help you build your confidence, esteem and boldness to face challenges in life?

b) Think of the different ways you can apply to remain at the top even when other people discourage you.

Memory Verse: 1Timothy 4:12

“Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity.”

MODESTY (DRESSING)

INTRODUCTION:

Some dictionaries define modesty as, "reserve or propriety in speech, dress or behavior." Few would argue that a Christian should regard his or her speech and behavior. Followers of Christ should demonstrate godly character in their dress.

OBJECTIVES:

- 1.To help young people understand modesty in terms of dressing
- 2.To help participants transform their society by dressing properly

Text: 1 Samuel 16:7, Exodus 28:43, Mathew 5:27-28 and Matthew 22:1-13

1.As a Christian comment on the subject of proper dress and modesty in relation to 1 Samuel 16:7?

2.What images come to mind when you hear the word "modesty"? Do these ideas fit with the above definition? Why or why not?

3.Focusing on the word, "propriety", who determines what, is proper in terms of speech and behavior? Would not the same be true of dress? Explain

4. 1Timothy 2:8-10 implies that a woman's clothing can be proper or

improper in relationship to her character. What clothing would be proper for women “professing godliness and good works”?

5. Proverbs 11:22 says, “As a ring of gold in a swine’s snout, so is a lovely woman who lacks discretion”. What does God say about being discreet—whether by word, action or dress?

6. Immodest fashions are very prevalent in our world today, as a Christian what is thought in relation to Romans 12:2?

7. Does being a young lady/gentleman mean dressing indecently? Support your answer.

8. Do clothes or the lack thereof, have the power to lead to sin? Mathew 5:27-28

9. Should Christian women wear clothes that attract sexual attention? Why or why not?

10. Ladies, what do we want our clothes to say about us? What message does God want us to communicate?

11. What value does our society place on modesty? What value does God place on modesty in relation to Titus 2:4-5?

12. What lessons have you learnt from our study today?

Memory Verse:

Proverbs 12:1 says; “whoever loves instruction loves knowledge, but he who hates correction is stupid” OR

ROMANS 14:13 says, “let us not judge one another anymore but rather resolve this, not to put a stumbling block or a cause to fall in our brother’s way.

PEER PRESSURE

ICE BREAKER: Have all the members to stand up and give them instructions. Tell them to touch their head, shoulder, stomach, knees and toes. On the next lot, tell them to touch the head while you as an instructor touches

the knees. Keep instructing but confusing them where to touch. This is how peer pressure treats us. You know the truth but somehow, you see your friends doing the opposite and then you follow them.

OBJECTIVES:

To help participants;

- 1.Understand peer pressure
- 2.Share and know the effects of peer pressure

Text: PSALM 1:1-6, Esther 3:2, Exodus 18:26

1. In your view, what is peer pressure?
2. Read Ps 1:1, who is blessed and why?
3. What does the man delight in, what does he do day and night according to VsPs1:2?
4. From verse 2, how are we met to be joyful /delight in the Lord and what other things can we do to delight in the Lord?
5. What are the effects of peer pressure?
6. What are the wicked like and what does God do for them(Vs4-5a)?
7. How would you help a friend being pressured by bad peers?
8. According to Vs6a, Who watches over the righteous and what happens to the wicked?
9. According to Esther 3:2 how can we overcome peer pressure?
10. Read Exodus 18:26, How can we follow this example as we interact with our peers

Memory verse:1 Corinthians 15:33

“Do not be deceived, bad company ruins good character”

SEXUAL PURITY.

INTRODUCTION. Sex and issues of sexuality have been made so common today among young people. This to some level has caused alots of abuse

and misuse of sexuality. There is a lot of careless living which has opened a door to immorality among many young people, immoral habits and behavior are becoming part of everyday life. This is fueled by easy access to information through several forms of social media platforms, internet among others.

OBJECTIVE:

1. To help members understand that sex outside marriage, and any other forms of sexual immorality is a sin and dishonors God.
2. To help Participants to know how to respect their bodies since their bodies are the Temples of the Holy spirit.

Text: 1 Corinthians:6:12-20, 7:1-3 and Ephesians 5:1-5.

1. What does Paul mean in Vs.12
2. What does Paul mention as the intention of the body in Vs.13?
 - a. In what ways have some young people violated this advice in Vs.13b?
 - b. Apart from fornication, mention any other immoral sexual habits that young people get involved in today.
3. Mention factors that are promoting sexual immorality among young people today?
 - b. What should we do to avoid sexual immorality in our schools and families?
4. How does God see our bodies or call our bodies in Vs.15 and what does this mean to you?
5. Discuss what happens to someone in Vs.16-17 and what does that mean in light with sex outside marriage?
6. From Vs 18. What does Paul ask us Christians to do?
 - a. Discuss what it means to "flee" and give examples of how to flee .

6. V19-20 speaks very significant words about our bodies. What things are you going to do to live according to those two verses?

Comparing with Ephesians 5:3

-Pray that God will forgive and cleanse you from any sexual sin as he promised in his word.

-Pray that there will be spiritual reawakening among the youth in schools and churches, Pray for God to raise up men and women who will stand against immorality in church and schools.

“Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body” Memory verse 1Corinthians 6:18



GAMBLING

INTRODUCTION: Gambling is becoming so prevalent in this generation. Besides betting on sporting contests and cards, many youths have found it unbearable to live without gambling. Sadly to note is the fact that some churches in the western world also have such raffles and activities. Is this a good exercise to indulge in, what does the bible say?

OBJECTIVES:

- 1.To explain the meaning of Gambling.
- 2.To help participants realize effects of gambling and avoid indulging in it.

Texts: Haggai 2:8, Psalm 24:1&50:10

- 1.What do you understand by Gambling?
- 2.What are the reasons for gambling?
- 3.Can desire for quick money have spiritual effects? Explain
- 4.What are the possible effects of gambling?
- 5.In what ways does the law of love for your neighbor apply to

gambling?

6.As a Christian, what do you think is God's view on Gambling?

7.What do your peers believe about participating in gambling?

8.In what other ways does the law of love for your neighbor apply to gambling?

Memory Verse: Romans 13:10

“Love does no harm to a neighbor; therefore love is the fulfilment of the law”

LIVING WITH DISABILITIES

INTRODUCTION:

“There is no circumstance, no trouble, no testing, that can ever touch me until, first of all, it has gone past God and past Christ, right through to me. If it has come that far, it has come with a great purpose.” — Alan Red-path

The only disability in the world is our attitude towards people with disabilities. Discuss this statement, do you agree or disagree and why?

TIVES:

- 1.To help young people to understand that all people are created in God's image
- 2.To empower participants with skills of knowing and living with people with disability

Text: 2 Samuel 4; 4 & 9; 1-13

- 1.Who are the characters in 2 Samuel 4:4 and what is their relationship?
- 2.What are the common causes of disabilities today?
- 3.In your own words, describe what happened to Mephibosheth in verse 4?
- 4.Read 2 Samuel 9:1-13, what happened in verse 1-3?
- 5.What was Ziba's response, according to verse 3-4?
- 6.What was the King's command to Ziba?
- 7.According to verse 6-7, what happened to King David & Mephibosheth?

8. Why did the King treat Mephibosheth well? see verse 7-13:

9. What lessons do we learn from:

a. King David ?

b. Mephibosheth?

10. What are you going to do to show kindness to others especially the disabled?

Memory Verse;

"I will praise you because I am fearfully & wonderfully made....."

Psalms 139:14

DECISION MAKING

INTRODUCTION: In pairs, randomly show any of the 3 signs with your hand at the count of 1,2,3. **CLOTH**(open palm), **STONE**(fist), **SCISSOR**(two cutting fingers). Cloth wins stone, stone wins scissor, scissor wins cloth everyone who losses sits down and winners pair up till only one winner remains.

OBJECTIVES:

1. To help members understand that decisions have consequences
2. Encourage participants to make good decisions even if they seem hard.

Text: Daniel 3:1-30

1. Read Vs 1-5, describe the decree that the king gave. Who was supposed to obey this decree ?

2. What was the consequence of disobeying the decree? See Vs 6

3. What kinds of people are mentioned in V7 and how did they respond to the decree.

a) What common things are done today that seem to be normal because everyone is doing them.

4. What happened in Vs 8? And what was the accusation in Vs 12?

5. Have you ever been forced to compromise and make wrong decisions?

What was/ were the consequences of those decisions?

a. What external factors influence our decisions today

6. What are the names of the 3 people who refused to compromise their decisions? V14

7. What option did king Nebuchadnezzar give the 3 men above and how did they respond? V16-18

8. What does this teach us about the process of decision making?

9. Read Vs 20-23, what was the effect of their decision at this stage?

b) Mention some risks/ problems you have encountered in your decisions and commitment to do right.

c) What challenges did you find in the process and after making your decisions?

10. Describe what happened in Verses 25-27

11. What was the effect of the decision the 3 made in v28-30

12. List down; a. bad results of decisions you have made in life

b. Good results of your decisions.

Close. Hold hands and pray together, pray that God will guide every decision you make.

HEALTHY RELATIONSHIPS

INTRODUCTION: Relationships can be both positive and / or negative depending on how young people are prepared to handle the subject. When a boy/girl is about to turn 18 years some are already anticipating the opportunity to start having relations with the opposite sex, this is because they think that it's the right time. Some relations have turned out positive yet others have had dire effects on both or either parties involved.

OBJECTIVES:

- 1.To promote healthy relationships among young people
- 2.To help young people realize the importance of relating well with others

Text: Colossians 3:8-25

Opening Question-What are the different relationships that exist in our society today?

- 1.What things are we supposed to get rid of/ put off and why? (Vs 8-9)
- 2.Share a personal experience of a time when any of these; anger, rage, malice, slander, filthy language or telling lies affected your relationship with someone close to you. Tell us what happened.
- 3.In light of verse 11, how should we see others in the presence of God and from verse 10, what makes us view them this way?
- 4.What things are talked about concerning a new nature? (Read vs 12,13,14,15,16,17)
- 5.Read verse 14, why do you think love stands out above all the other things? (Also Read 1 Corinthians 13:1-13)
- 6.How are you showing love to those around you, how are you showing love to those that are hard to love eg. Those who hate you, those who you don't feel like loving? (Read Luke 6:27-36)
- 7.Read verse 18-22, how are the different groups of people supposed to relate?
- 8.What is the kingdom mind we should have when pursuing relationships? (Vs 23-24)
- 9.In light of verse 25, what are you going to do to change the way you have been relating with some people. **Memory Verse: 1 Peter 4:8**

And above all things have fervent love for one another, for "love will cover a multitude of sins."

